A VIRTUAL SUPPORT GROUP

## Hope for the Holidays 2020

HOSTED BY HOSPICE OF MICHIGAN



This program is designed to offer support to those who are grieving the death of a loved one during a season of memories, family, and traditions.

Specific strategies for handling special occasions and taking care of yourself during this emotionally laden season will be discussed.

We know that this year may be specifically difficult because of the social isolation, stressors, and emotional challenges so we encourage you to attend.

It is easy to join, just register at

## www.hom.org/hopefortheholidays

or contact the Grief Support Services Manager leading the date you would like to attend. They will provide you with the information needed to register.

Tuesday, November 10, 2020 · 6pm- 7:30pm

In partnership with James H. Cole Home for Funerals–Detroit MI Register with Jackie Morris 313–578–6328 • jmorris@hom.org

Thursday, November 19, 2020 • 1pm- 2:30pm

Register with Sue Glover 616-356-5255 • sglover@hom.org

Saturday, December 5, 2020 · 2pm-3:30pm

Register with Cynthia Palmer 248-334-1323 • cpalmer@hom.org

*Tuesday, December 8, 2020 • 7pm-8:30pm* 

Register with Kathleen Gedraitis 231-845-3423 · kgedrait@hom.org

