

# HOPE AFTER LOSS: Facing Different Types of Loss

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Sometimes someone experiences loss or feels grief that they cannot openly acknowledge or share. Please join us to learn about different types of losses including loss of a job, or pet, or co-worker. We will discuss what is normal during the grief process, and share strategies for coping, suggestions for self-care and available community support.

**Advance registration is required.**

Light refreshments will be served.



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**Tuesday**  
**September 24, 2024**  
**6:00pm - 7:30pm**

**LOCATION:**

**James H. Cole Home for Funerals**  
16100 Schaefer Hwy., Detroit

**To register or for more information,**  
please contact Jackie at :

**313-578-6328 or [jmorris@hom.org](mailto:jmorris@hom.org)**